



friendship force
COLUMBIA - CASCADE

Friendship Force Flyer

Columbia Cascade
Portland, OR/Vancouver, WA



President's Corner

Bob Porter

We missed getting this newsletter out in September on our "normal" schedule for good reasons. Our members had a very busy summer of Friendship Force activities that included the Global Exchange featuring Pacific Northwest Gardens, the Friendship Force World Conference in Vancouver, BC at the end of August, and the September exchange with Lincoln, Nebraska. Our members who write articles wanted time off from anything that took time and energy away from their own relaxation, travel, and projects.

Our next club activity is our Columbia Cascade Annual Meeting on November 15, 2015. I hope you will attend this event. It is a great time to renew your membership and meet friends both old and new. I am always amazed by the travel stories I hear from people at our table as we eat our delicious pot luck meal. We have an interesting program planned that includes Marge Terdal telling us about the September 2016 exchange to Indonesia. I will talk about our April 2015 Western Turkey tour and exchange. Betty Miller has photos and details of her train trip through Eastern Turkey and Iran.

We will present the Grace White Award. The purpose of this award is to recognize members who have shown continuous, outstanding service to Columbia Cascade Friendship Force. This award is named after long-time member Grace White (1921-2014) who exemplified what this award represents. Criteria for this award includes an on-going and dedicated commitment to our club, an attitude of service that represents the Friendship Force mission and a heartfelt commitment that sets an example for others to follow. The award goes to (come to the meeting and find out)

The most important event of the Annual Meeting is the nomination and election of officers for 2016. For the last two years the Columbia Cascade Board of Directors has not had a full slate of officers and committee chairs. In spite of this, we have worked hard and accomplished great things. We can all be very proud of our work. But, the Board needs new members to keep up with the challenges that our club faces in present and the future. If you have the interest and desire to help keep our club active and providing opportunities for hosting and traveling, now is the time to get involved.

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Our next Columbia Cascade Board Meeting is on October 20 at my home. We are having a pot luck lunch starting at Noon for those who want to participate with the meeting starting at 1PM. All members are welcome to attend this meeting. The topics for discussion and decision making are:

- Filling out the FFI form for desired outbound travel destinations in 2017
- Nominations of officers
- Recommendations for committees
- Impact to our club from what we learned at the World Conference and how we can address these issues

The meeting will end no later than 3 PM, but the discussion of things can continue after the meeting for those interested. If you want to attend please send me an email or give me a call to let me know.

Help your club by volunteering!

CHANGING THE
WAY YOU SEE
THE WORLD

Upcoming Events

Friendship Force Columbia Cascade Annual Meeting

November 15, 2015

By Jerry Bacon

- Date: Sunday, November 15, 2015
 Time: 1:00pm
 Location: Clark County Public Utilities Community Room
 1200 Fort Vancouver Way, Vancouver, Washington
 Agenda: -Pay Club Membership Fee before or after meeting (bring your check book)
 -Welcome by our President
 -Potluck
 -Presentation of the Grace White Award for outstanding service to the club
 -Marge Terdal will tell us about the upcoming Exchange to Indonesia in September
 -Bob Porter will show photos of our Western Turkey Tour and Exchange with Kayseri
 -Betty Miller will talk about her trip to Eastern Turkey and Iran
 -Election of Officers

This year we will be back at our former (and popular and free) meeting place at the Clark County PUD. The meeting will be a potluck, so bring a favorite dish—main dish, salad, dessert—to share, and your own table service. Coffee and tea will be provided.

At the annual meeting we elect board members for the coming year. As you may know, our club has been operating without a Vice President for the last two years. For 2016 we need to operate with a complete board. It is very important for all members to be active in the selection of the officers. If you know anyone that would like to fill a position, please contact Emily Smith, or any board member—and please consider volunteering yourself to serve on the board.

You must be active to make our club succeed. And when you come to this meeting check with others to see if anyone needs a ride. Or invite a friend who would like to learn about Friendship Force.

It's Time to Begin Planning for World Friendship Day 2016

By Wayne Potter

Save the date March 12th on your 2016 calendar for our club's celebration of World Friendship Day. This is an opportunity to celebrate FFI's birthday and to show our community what Friendship Force is all about.

The time and schedule will be firmed up soon. The event will be held in Vancouver. We expect 100 or more people. You are invited/urged to take a leadership role. Contact Wayne Potter.

Here are some ideas of what we are beginning to plan:

- Music: An individual performer and/or group of dancers, singers, or musicians.
- International food provided by a caterer.
- Talk about a specific 2016 or 2017 exchange. Maybe we will get new ambassadors. We could invite people to the event through local newspapers or other organizations.
- Perhaps hold a raffle to support FFCC.
- We will have an opportunity to learn about other organizations that promote world understanding and peace. Last year 8 groups participated in WFD 2015.
- There will be several speakers talking about international affairs.
- We might have a contest that challenges people's knowledge of specific countries.
- We will invite members from other regional Friendship Force Clubs and our regional director to join us.

What are your ideas?

Help us make this another great World Friendship Day Celebration!

Past Event Reports

Friendship Force International World Conference 2015

By Bob Porter

Eleven FFCC members went to the Friendship Force World Conference in Vancouver, BC, Canada held on August 28 to 31. Unfortunately, several of us returned home with respiratory problems.

The conference was very interesting with lots of opportunities to learn about Friendship Force International and how we can manage or own club more effectively.

Some of the highlights we learned about FFI are:

- Joy DiBenedetto has resigned as FFI President and CEO. She did not attend the Conference. A replacement for her is expected to be named before the end of the year.
- FFI is experiencing a financial problem because fewer members are traveling on exchanges. Exchange fees make up 74% of FFI's revenue. Their target is for all exchanges to have 24 ambassadors. They want to dramatically increase the number of Themed Exchanges. In the future they are thinking about eliminating the family membership and require individual memberships for all members. FFI and the Board of Directors are cutting expenses and not filling an open position on their staff.
- FFI desperately needs to upgrade their computer systems and website for \$40,000. They want to raise that amount before the end of 2015. They request that all members make a donation of \$50 or more to the "I'm In!" Campaign at this link: <http://catalog.thefriendshipforce.org/index.php/site/donate/>
- FFI is asking all clubs to increase their membership, participation in exchanges and hosting ability so that all exchanges can have a minimum of 24 ambassadors.

Topics for Conference educational sessions included everything from "Changing Strangers Into Friends" to "Online Tools for Your Club". You can go to the FFI Website and find highlights, photos and videos, and presentation details at this link: http://catalog.thefriendshipforce.org/index.php/site/conference_2015

As part of the Conference members of our club hosted 6 delegates, from Wyoming, Canada, Japan and Taiwan for 4 days before the conference. We also hosted 7 delegates from Canada, Tasmania, Texas and Australia for 4 days after the conference.

Peace & Justice Fair, Vancouver, Washington

September 12, 2015

Unfortunately our club participation in the Peace and Justice Fair was cancelled because most of our members who were going to setup and staff our booth were sick with respiratory problems. We could not find enough members willing to replace those who were sick.

Successful Incoming Exchange from Lincoln, Nebraska

By Mary Dickson, Exchange Director

Photos by Rick Smith

Beautiful late-summer/early fall weather held until the very last day of the exchange where FFCC welcomed 15 members of the world's largest FF club, FF Lincoln, Nebraska, September 20-26. Even a little rain at Cascade Locks couldn't dampen the enthusiasm of our ambassadors for their six days in Vancouver/Portland.

Following a week in Seattle (where the ED was my cousin Bob), Ambassadors arrived at the Vancouver Amtrak station, where local FFCC members greeted them enthusiastically. That warm spirit lasted

throughout the week. Ambassadors and hosts visited Fort Vancouver before heading to Donna Egan's home on the Columbia River for a catered salmon dinner and wine tasting. One comment on the evaluation says it all: "Wonderful, friendly greeting! Donna's catered welcome dinner with fabulous view blew my socks off." We greatly appreciate Donna for making her home available for many years for FFCC events. (continued on Page 4)



Successful Incoming Exchange from Lincoln, Nebraska (continued from page 3)

Monday, Marian and Fred Rauch arranged for the Willamette View bus to take us to the Oregon coast, for what we called "The 3 F's of Oregon: Farming, Fishing and Forestry." We drove through the Tillamook Forest, and then past some barns that have quilt patterns painted on them. After lunch at Tillamook Creamery, everyone enjoyed an ice cream cone. We were like little kids, comparing flavors and appreciating the high quality ice cream. From there we drove to Bay City and watched oyster shuckers at work. A few brave souls even tried a few oyster shooters, proclaiming them delicious.



The bus continued north to Seaside, where we were greeted by FFCC members Lori and Pat Reynolds at their home a couple of blocks from the beach. Despite a stiff breeze, many of us wandered along the ocean or through the sleepy town, quiet after the summer tourists had left. Pat and Lori provided Seaside's best-known treats: fresh caramel corn, fudge and salt water taffy. From Seaside, we drove to Camp 18 for dinner. Our guests were amazed at the huge logs in the building. It was a full day seeing some of what makes Oregon so special.

Tuesday offered a view of downtown Portland from the vantage point of public transportation. We took MAX from Holladay Park to Skidmore Fountain, where Pat and Lori Reynolds led us in two smaller groups. We learned about the historical area, viewed local architecture, then walked along the waterfront and spent some reflective time at the Japanese Internment memorial before heading through Old Town. We rode the bus to Powell's Books and no one got lost in the stacks, then the streetcar through downtown, past the Old Church and PSU. Arriving at South Waterfront, we ate lunch at the food cart pod before taking the tram up to OHSU for a view that included all four mountains! Then we rode the streetcar across the new Tilikum Crossing Bridge and back to Lloyd Center—the starting point of our trip. One ambassador said, "Great transportation tour! Portland has it down!" Since everyone was wearing name tags, we got several inquiries about Friendship Force, and we passed out cards giving people contact information.

Wednesday showcased other area attractions. We started with a tour at Guide Dogs for the Blind in Boring, OR where a docent explained how dogs are trained and gave us a tour of the extensive facilities. That was one of the highest rated events of the week. Our friends from Lincoln made a contribution to the school. Following a ride through the countryside of Clackamas County, we ended up at Cartlandia, one of Portland's largest and oldest food cart pods. The owners told us how Cartlandia got established and how frequently it is inspected by health inspectors. Many tried a Voodoo donut! After lunch we toured the End of the Oregon Trail Historical Museum in Oregon City, where our Ambassadors learned about the history of those who came before them from Nebraska. We ended Wednesday with dinner at Bob's Red Mill in Milwaukie.

Thursday morning was a visit to the Rose Gardens and Pittock Mansion, which the visitors rated highly. That afternoon was free for other activities and time with hosts' families and friends.

Friday was overcast. We met at Crown Point, went to Multnomah Falls, and had lunch at Thunder Island Brewing in Cascade Locks. After lunch we took the two-hour Sternwheeler trip on the Columbia River. The rain stopped and the sun came out. Highlights were seeing sea lions on the rocks near Bonneville Dam and the Native American fishing platforms. After the boat ride several people went to the fish hatchery to see Herman the Sturgeon. Everyone made it to PDX on time for an 8 AM flight back to Lincoln on Saturday morning.

The evaluation comments included appreciation for the well-organized exchange, the friendliness of FFCC members, and the variety of activities they experienced. They liked having snacks, water, and gift bags.

This was my first experience as Exchange Director, and I greatly appreciate the help with planning from my two Co-EDs, Bobbie Klabin-Smith and Lori Reynolds, and with financial management assistance from Laural Engeman. Dedicated members helped in many ways: Pat and Lori Reynolds prepared the booklet for our ambassadors; Emily Smith provided gift bags and kept us laughing on bus trips; Joyce and Ryan Collins and Jerry and Phyllis Bacon worked behind the scenes to help Donna Egan with dinner preparations. Rick Smith took wonderful photos. (Continued on Page 5)



Past Event Reports (continued from page 4)

Successful Incoming Exchange from Lincoln, Nebraska (continued from Page 4)



I encourage new members to help out with incoming exchanges, both as hosts and day hosts. I deepened my friendships with local members and with four Ambassadors with whom I traveled to New Zealand last year. I encourage those who have not been active to seek out opportunities to enhance friendships through working on exchanges. Isn't that what Friendship Force is all about?

Explore • Understand • Serve®

Photo by Columbia Gorge Sternwheeler

Membership Application

Annual dues cover the cost of the newsletter and expenses for exchanges and activities of the Friendship Force of Columbia Cascade, as well as membership in Friendship Force International.

Single Membership \$30

Family Membership \$50

Dual Membership (single)\$15
(more than one chapter)(family)\$25

New Member? YES NO

If new member, we need name(s) for name tag:

Date _____

Name _____

Address _____

City, State, Zip _____

Telephone _____

Cell Phone _____

Email Address _____

Questions:

Call Sharon Dawson

503-234-4530

Please circle Interest:

Hosting incoming ambassadors

Day Hosting

Activities, Planning Committee

Attending local activities

Speakers' bureau

Travel on Outgoing exchanges

Send with payment to

(make checks payable to FFCC):

Sharon Dawson, FF

3275 SE Ankeny Street

Portland, OR 97214

PLEDGE

As a member of The Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my own fellow citizens and the people of other nations, the cause of friendship, love and peace will be furthered.

Columbia Cascade Calendar

2015

November 15 Annual Meeting & Elections
 December Toys for Tots Volunteer Activity

2016

March 12 Columbia Cascade Celebrates
 World Friendship Day
 June Incoming Exchange from Murray Bridge, Australia
 September Outgoing Exchange to Solo-Surakarta, Indonesia
 October 10-17 Outgoing Exchange to Dallas, Texas

For information or to Signup to participate in these events email
ffcc.events@gmail.com



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2015 Officers

Bob Porter
 President

Vice President
 Need Volunteer

Jerry Bacon
 Secretary

Merlin Miller
 Treasurer

Ann Borowiak
 Member-at-Large

Marge Terdal
 Past President

Board Committee

Chairpersons

Sharon Dawson
 Membership
 503-234-4530

Phyllis Bacon
 Historian

Activities
 Need Volunteer

Communications
 Need Volunteer

Emily Smith
 Parliamentarian

Pam Brown & Wayne Potter
 Exchange Coordinators

Coordinators

Emily Smith
 Marguerite Morin
 Hospitality

Dick Van Ingen
 Email

Bob Porter
 Webmaster

Newsletter

Marge Terdal
 Editor

Bob Porter
 Graphic Design & Layout