



friendship force
COLUMBIA-CASCADE

Friendship Force Flyer

Columbia Cascade
Portland, OR/Vancouver, WA



President's Corner

Bob Porter

We started the year off with some very successful events with many of our members and some visitors participating.

Sharon Dawson started us off on January 16 with one of the best ever 'Taste Traveling' events where we traveled to Peru by way of Las Primas Restaurant in North Portland. Over 20 people came to enjoy the good food and good friendship. We even celebrated a birthday.

We started months ago on planning for our World Friendship Day Celebration. Thanks to the hard work and leadership of Wayne Potter, many other members were inspired to help make this event a resounding success. More than 80 people attended, 14 organizations set up information tables and we sold over 60 World Food Sampler meals. WOW! What a great event. This is what Friendship Force is all about: Making friends in our own community and around the world.

Thank you to everyone who helped on the event and those who attended. Wayne promises that next year the event will be bigger and better. I plan to help make that happen. Can we count on your help?

Next up we have exchanges. Ten of us leave in the next couple of weeks for a Tour of Western Turkey and Exchange with Kayseri, Turkey.

Friendship Force Olympia is having a 'mini' exchange April 23 to 26 to introduce the influx of new members, from the Rick Stevens talk for their 30th anniversary celebration, to the hosting experience. Several of our members responded to Olympia's invitation sent to all our members by our email coordinator, Dick Van Ingen. I eagerly await the report on the result of Olympia's experiment.

In June we host our first ever Global Exchange with 20 people from all over the world coming to see Gardens of the Pacific Northwest. Even if you are not hosting for this exchange, there are many things you can do to participate in the exchange and meet the visiting ambassadors (see page 3).

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In August, Friendship Force International is holding the World Conference in Vancouver, BC, Canada. If you did not make your reservations for the conference early, it is now too late. The conference sold out in February. You can still participate by hosting conference delegates before or after the World Conference (See page 4 for details).

Lincoln, Nebraska is coming to visit us September 20 to 27. Mary Dickson is the Exchange Director for this event and she can use your help to plan, host or participate (see page 4).

Other events that are in the planning phase are Emily's Craft Day (page 3), Taste Travelers to China for Dim Sum, FFCC Club Picnic in July, Annual Meeting in November and Toys For Tots volunteer activity in December.

2016 is going to be another great year for our club. Friendship Force International matched us up for an incoming exchange with Murray Bridge, Australia for June. We are matched for an outgoing exchange to Solo-Surakarta, Indonesia in September. Marge Terdal has volunteered to be our Exchange Director for Indonesia, so this will be a great trip.

Of course, we have already agreed to an outgoing exchange to Dallas, Texas in September so some coordination is required to make everything work out.

Columbia Cascade Calendar

2015

April 8-25	Outgoing Tour & Exchange to Kayseri, Turkey
April 23-26	Outgoing Mini Exchange with Olympia, WA
May 9	Craft Day with Emily
May	Taste Travel to China for Dim Sum
June 4-11	FFCC Hosting Global Exchange focusing on gardens
July	FFCC Club Picnic
August 25-29	Hosting for Pre World Conference Home Stay
August 29-31	Friendship Force World Conference in Vancouver, BC, Canada
August 31	Hosting for Post World Conference Home Stay
September 20-27	Incoming Exchange from Lincoln, Nebraska
November	Annual Meeting & Elections
December	Toys for Tots Volunteer Activity

2016

June	Incoming Exchange from Murray Bridge, Australia
September ?	Outgoing Exchange to Dallas, Texas
September	Outgoing Exchange to Solo-Surakarta, Indonesia

For information or to Signup to participate in these events email
ffcc.events@gmail.com



friendship force
 COLUMBIA-CASCADE
 website
www.ffccportlandvancouver.org



friendship force
 INTERNATIONAL
 website
www.friendshipforce.org

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 503-234-4530

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 Exchange Coordinators

Coordinators

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Marguerite Morin
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Dick Van Ingen
 Email

Bob Porter
 Webmaster

Newsletter

Marge Terdal
 Editor

Bob Porter
 Graphic Design & Layout

Upcoming Events

Best of Western Turkey Tour & 4 Day Exchange with Kayseri, Turkey

By Bob Porter, Exchange Director

Ten of us are going to Turkey in April on a wonderful personalized tour with our own bus and tour guide to visit Western Turkey and have a 4-day exchange with Kayseri, Turkey. All of our planning is complete, our tickets purchased and reservations made. Now all we have to do is pack our bags and get to the airport on time. Look for our report in the next newsletter.

Save the Date--Crafting Day May 9, 2015

By Emily Smith

We are once again having "Crafting Day" on Saturday, May 9. This will focus on sewing projects, i.e., luggage tags, luggage handle identifiers, pot holders, etc. **All are welcome, even men!** There are a variety of tasks that do not require sewing skills. The purpose is to have fun together and replenish our stock of gifts and prizes for exchanges.

I know we have many talented members, and if you have ideas for other non-sewing projects that we can make for gifts, please let me know.



This event will be held at Emily Smith's home from 10:00 to approximately 3:00 with a potluck lunch at noon. An email notice will be sent out closer to the actual event. Please save this date to join in the laughter and production.

(Photos from May 18, 2013, Craft Day)



Incoming Global Garden Exchange June 4-11, 2015

By Gwen White & Jim Arnoux, Co Exchange Directors

Plans are moving forward with the Global Garden Exchange. Here are some of the activities open to the whole club.

Thursday, June 4—Welcome Dinner at the Arnoux-White home in southwest Portland. This is a potluck open to the club membership with the main dish of salmon provided by our club. We will have speakers: **Marcia and Dennis Peck**, who write in the Home and Garden section of the Oregonian and **Tom Hughes**, Metro Council President, will speak about sustainability in the Portland area.

Friday, June 5—Oregon Garden. We will take a bus to the Oregon Garden in Silverton, and then a tram tour of the gardens and lunch there. Close by are the iris gardens and peony gardens. We also will go through a historic covered bridge. On the way home we will visit a winery. There is space for an additional 25 people on the bus, at a cost of \$20 per person. Meals for ambassadors are provided; FFCC members will need to cover costs of their meals and entrance fees into the gardens.

Saturday, June 6—Rose Festival Grand Floral Parade. We will view the parade from the comfort of the Veterans Memorial Coliseum. FFCC members are welcome to join us at a cost of \$27 per ticket.

Small hosted dinners in evening. If you are able to host a dinner for a group of 4 to 8 persons in your home, please let us know. It is a great way to meet ambassadors and also get to know some of our own club members better.

Wednesday, June 10—In the morning we will have a 'local garden tour' of gardens of members of FFCC, neighbors, or friends. We hope to have several gardens in each area of Portland/Vancouver where our members live. Let us know if you wish to share your garden or have friends who have nice gardens.

Farewell Dinner at Willamette View in Milwaukie. Arrive early to have a tour of the gardens there. Ambassadors are hosted; costs for other club members is \$20.

If you are interested in day-hosting some ambassadors, please let me know. Many of the hosts are not able to participate in all activities, and it is helpful to have another club member take the visitors for a day. It is a chance to meet and spend time with those who are not staying in your home.

Upcoming Events (continued)

Friendship Force International World Conference 2015

Vancouver, BC Canada, August 28-31, 2015

By Bob Porter

Registration is now closed for the FFI World Conference in Vancouver, BC, Canada. All 400 spots have been taken.

If you signed up early and are going to the World Conference you are invited to Northwest Regional Meeting for Club Presidents (all members are welcome to attend) scheduled for 3:30 PM on Friday, August 28, at the conference hotel.

I am arranging for home stays before the conference for delegates traveling to Vancouver, BC who want to come early (August 23-27) and for those delegates that want to stay around after the conference (August 31 to September 4). If I have not already contacted you and you want provide pre or post home stays, please let me know of you availability. I have 6 singles for pre conference home stays and 1 single and 4 couples for post conference home stays.

Plans Taking Shape for Incoming Lincoln, Nebraska, Exchange September 20-27

By Mary Dickson, Exchange Director

September may seem like a long time off, and we have several exciting events before then. But let your mind wander to the beauty of our area in the fall and 20 excited Ambassadors stepping off Amtrak from Seattle, eagerly anticipating a fun week in Vancouver/Portland.

I am looking for enthusiastic FFCC members to help plan and take care of the details of this exchange. I need committee members, such as Housing Coordinator, Day Host and Host Coordinators, plus people to plan the Welcome and Farewell events.

I want to make this exchange fun for both FFCC members and our guests. Can you come up with one idea of an event or place to take visitors beyond the usual places? Does anyone want to volunteer to take a small group to Portland's newest attraction, Purrington's Cat Lounge (<http://purringtonscatlounge.com/home/>)? As allergic as I am to cats, this would be a suicide mission for me, but there must be cat lovers in FFCC who would enjoy sharing their passion for cats in this unique venue!

When I return from an exchange in Brazil on March 18, I will be calling on my FFCC colleagues to step up to make this a really great exchange for the ambassadors from Lincoln. I know many of them because I traveled with their club to New Zealand last year. They are a most congenial and fun group.

Send me email or call and let me know your suggestions for unusual activities to include in this exchange and ways you can help. If we all work together this will be a great exchange both for our visiting ambassadors from Lincoln and for our club members.

Past Event Reports

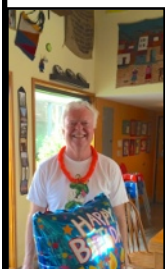
Taste Travelers Enjoy Peruvian Food

By Sharon Dawson

About 25 FFCC members traveled over to North Williams Ave in Portland January 16 to sample Peruvian food at **Las Primas**. It was fun to choose from the exotic menu, and I think we were all full and happy at the end of the meal. Member Ivonne Aragon, who was born in Peru and whose parents were members of the FF club there, showed us how to play the Sapo Game.

The Inca royal family would throw gold pieces into a lake hoping to catch the attention of a frog with magical powers. If a frog came to the surface and took a gold piece in its mouth, the player was granted a wish and the frog turned into solid gold. Unfortunately, no one got rich that day in North Portland.

It also just happened to be Dick Van Ingen's birthday that day so Mary Gayle brought delightful little cakes to share and we all sang Happy Birthday to an accordion accompaniment.



Past Event Reports (continued from page 4)

FFCC Celebrated World Friendship Day

By Wayne Potter

World Friendship Day was wonderfully celebrated at TaborSpace in Portland on Sunday, March 1. The event had four characteristics that made it a success: it was Festive; Informative; had Wonderful music and food; and we shared the event with people we had not met before.

Our new friends added to our understanding about home-stays, involving young people, the Middle East, Zimbabwe art, Lebanese cooking, Portland's Chinese connections, Vancouver's Peace and Justice Event, our community's Scandinavian Heritage, and more. There were fourteen

organizations in attendance. Michael McCabe wandered the room with his guitar while playing delightful music and talking to everyone at the event. The ambience was wonderful!

Over 80 people attended the event, a new milestone for FFCC's World Friendship Day celebration. There was more than enough food to go around and people enjoyed eating samples of the World's food.

The event concluded with three speakers, introduced by emcee Caroline Martin, who had thoroughly researched the background of each speaker. Bob Porter spoke about the meaning of World Friendship Day and detailed the various ways that Friendship Force is "Changing the Way You See the World." Janice Yaden talked about the Middle East Studies Center at Portland State University and shared her personal experiences while serving with Mercy Corps in the Middle East, especially Turkey. Hector Miramontes, Director of International Relations for the City of Portland, talked about the city's commitment to international affairs. He reported that Portland receives international officials and elected officers who come to learn more about the city's sustainable development focus.

Next year World Friendship Day will be held in Vancouver, Washington. The date will be decided later; however it will be around March 1, 2016. Plan to join us. Better yet, help us plan the event. Do you know groups that share our vision that would like to participate in our event next year?



Wayne Recording Event for his Keeping Kurrent Radio Show



Information tables set up by community groups



World Food Sampler by C&L Catering



The TaborSpace dining room was a perfect location for our event



Game Day at Marguerite's

By Marguerite Morin

We had a Fun Game Day at my house in Tualatin, OR on Saturday, March 7th. Even though it was a glorious Spring like day, 11 members came to learn to play new card games. I taught the popular Japanese card game called Shichi Narabe which means 'Seven'. Sharon taught the game, '99'. All players except for the teachers learned both games. It was a fun gathering with much laughter and some great snacks.

I am willing to host another game day so let's do it again. Several members requested that we play Mexican Train Dominoes, the next time. What game would you like to play?



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Club News

Membership Update

By Sharon Dawson, Membership Chair

FFCC Membership Book 2015

All our members who attended the wonderful World Friendship Day Celebration on March 1, received their copy of our updated Membership Book. Other members will be receiving their Books in the US mail.

THANKS to Laural Engeman for the professional looking set-up and to Rick Smith and Bob Porter for taking and finding photos of our members. Including photos is a first for our club's membership directory! All three deserve a big hand for making this update beautiful and totally useful!

To avoid including phone numbers and email addresses in our newsletter, we encourage you to check the Membership Directory for contact information.

New Members

Elizabeth (Lisa) Kratzer from Vancouver, Washington

Sharon Bettis from Portland, Oregon

Membership Application

Annual dues cover the cost of the newsletter and expenses for exchanges and activities of the Friendship Force of Columbia Cascade, as well as membership in Friendship Force International.

Single Membership \$30

Family Membership \$50

Dual Membership (single)\$15
(more than one chapter)(family)\$25

New Member? YES NO

If new member, we need name(s) for name tag:

Date_____

Name_____

Address_____

City, State, Zip_____

Telephone_____

Cell Phone_____

Email Address_____

Questions:

Call Sharon Dawson
503-234-4530

Please circle Interest:

Hosting incoming ambassadors

Day Hosting

Activities, Planning Committee

Attending local activities

Speakers' bureau

Travel on Outgoing exchanges

Send with payment to

(make checks payable to FFCC):

Sharon Dawson, FF

3275 SE Ankeny Street

Portland, OR 97214



friendship force
INTERNATIONAL

PLEDGE

As a member of The Friendship Force, I recognize that I can make a difference. I recognize that I have a mission. That mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me. I know that through my example to my own fellow citizens and the people of other nations, the cause of friendship, love and peace will be furthered.